

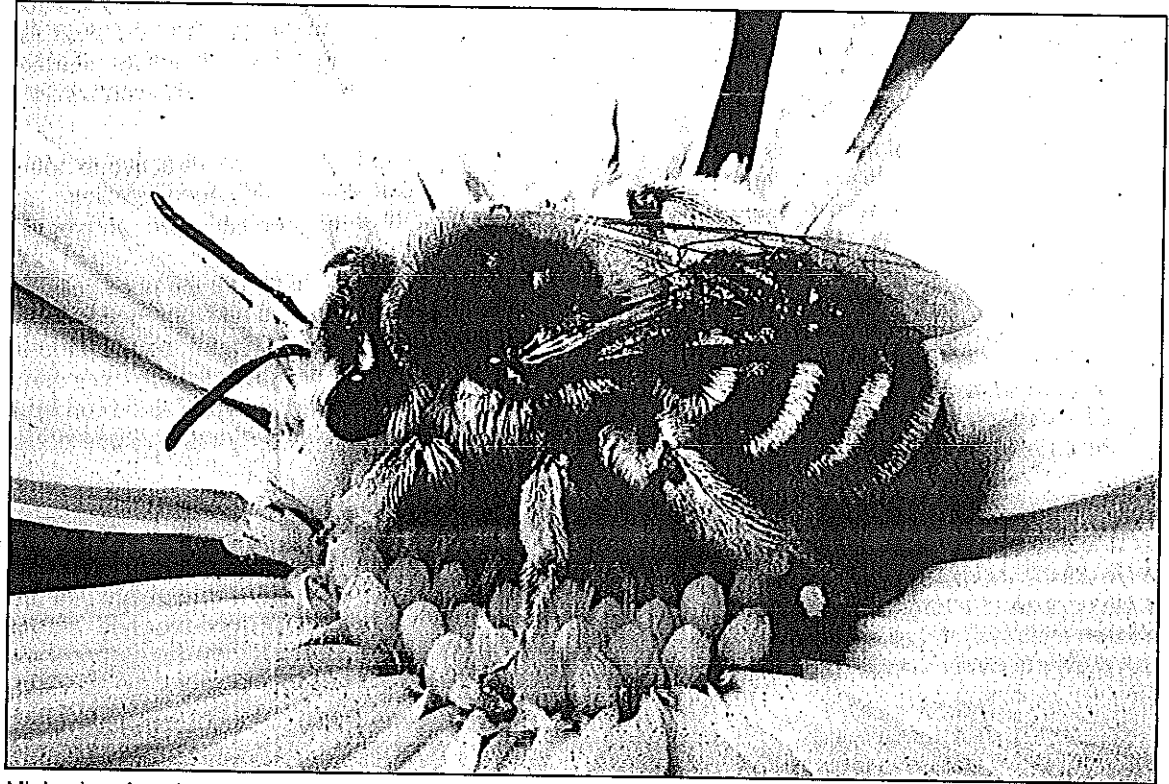
Plants for Native Bees

in California

Pollinators are a vital part of a healthy environment.

Native bees are North America's most important group of pollinators.

Patches of flowers can be grown almost anywhere and will form an important food resource for bees.



Mining bee foraging on sunflower.

Photograph © Edward S. Ross

Pollinators are a diverse and fascinating group of animals. In addition to their beauty, pollinators provide an important service in our environment by moving pollen between flowers and ensuring the growth of seeds and fruits. Pollinators touch our lives every day through the food we eat. Even our seasons are marked by their work: the bloom of springtime meadows, summer berry picking, pumpkins in the fall.

Native bees are the most important group of pollinators. Like all wildlife they are affected by changes in our landscapes. The good news is that there are straightforward things that you can do to help: providing patches of flowers is something that we all can do to improve our environment for these important insects. Native plants are undoubtedly the best source of food for bees, but there are also some garden plants that are great for pollinators.

This fact sheet will help you provide the flowers that these vital creatures need and make the landscape around us—from small urban backyards to large natural areas—better for bees. On the back you'll find a simple guide to selecting plants for bees.

For more information, visit our web site, www.xerces.org, where you will find other fact sheets and more detailed guidelines on how to enhance habitat for pollinators. You'll also find information about the *Pollinator Conservation Handbook*.

Written by
Matthew Shepherd



The Xerces Society
for Invertebrate
Conservation

4828 SE Hawthorne
Blvd.,
Portland, OR 97215
503-232 6639

www.xerces.org



El Dorado County & Georgetown Divide
Resource Conservation Districts
100 Forni Road, Ste A, Placerville CA, 95667

Choosing the Right Flowers

To help bees and other pollinator insects—like butterflies—you should provide a range of plants that will offer a succession of flowers, and thus pollen and nectar, through the whole growing season. Patches of foraging habitat can be created in many different locations, from backyards and school grounds to golf courses and city parks. Even a small area planted with the right flowers will be beneficial, because each patch will add to the mosaic of habitat available to bees and other pollinators.

In such a short fact sheet it is not possible to give detailed lists of suitable plants for all areas of California. Below are two lists of good bee plants, the first of native plants and the second of garden plants. Both are short lists; there are many more bee-friendly plants. However, these lists, combined with the following notes, will get you started on selecting good bee plants. Your local chapter of the Native Plant Society and native plant nurseries are worthwhile contacts for advice on choosing, obtaining, and caring for local plant species.

- **Use local native plants.** Research suggests native plants are four times more attractive to native bees than exotic flowers. In gardens, heirloom varieties of herbs and perennials can also provide good foraging.
- **Chose several colors of flowers.** Flower colors that particularly attract bees are blue, purple, violet, white, and yellow.
- **Plant flowers in clumps.** Flowers clustered into clumps of one species will attract more pollinators than individual plants scattered through the habitat patch. Where space allows, make the clumps four feet or more in diameter.
- **Include flowers of different shapes.** Bees are all different sizes, have different tongue lengths, and will feed on different shaped flowers. Consequently, providing a range of flower shapes means more bees can benefit.
- **Have a diversity of plants flowering all season.** By having several plant species flowering at once, and a sequence of plants flowering through spring, summer, and fall, you can support a range of bee species that fly at different times of the season.

Native Plants

Native plants should be your first choice to help our native bees. Listed below are some plants that are good sources of nectar or pollen for bees. This list is not exhaustive; there are many other plants good for bees. Individual species have not been included. Not all of these genera will have species in your local area, but they do represent plants that will grow in a variety of environments. Use a wildflower guide or contact local nurseries to find your local species.

| | | | |
|------------------------|---------------------|---------------------|-----------------------|
| Button bush | <i>Cephalanthus</i> | Ocean spray | <i>Holodiscus</i> |
| California poppy | <i>Eschscholzia</i> | Phacelia | <i>Phacelia</i> |
| California redbud | <i>Cercis</i> | Rod wirelettuce | <i>Stephanomeria</i> |
| California yerba santa | <i>Eriodictyon</i> | Sunflower | <i>Helianthus</i> |
| Chamise | <i>Adenostoma</i> | Toyon | <i>Heteromeles</i> |
| Common deerweed | <i>Lotus</i> | Vinegar weed | <i>Trichostema</i> |
| Hayfield tarweed | <i>Hemizonia</i> | Western dogwood | <i>Cornus</i> |
| Horkelia | <i>Horkelia</i> | Western rosinweed | <i>Calycadenia</i> |
| Ithurial's spear | <i>Triteleia</i> | Whiteleaf manzanita | <i>Arctostaphylos</i> |
| Lupine | <i>Lupinus</i> | Wild lilac | <i>Ceanothus</i> |
| Mint | <i>Stachys</i> | Wild rose | <i>Rosa</i> |
| Mule's fat | <i>Baccharis</i> | Willow | <i>Salix</i> |

Garden Plants

Flower beds in gardens, business campuses, and parks are great places to have bee-friendly plants. Native plants will create a beautiful garden but some people prefer "garden" plants. Many garden plants are varieties of native plants. This list includes plants from other countries—"exotic" plants—and should be used as a supplement to the native plant list. As with the native plants, this list is far from exhaustive.

| | | | |
|---------------|-----------------|-------------------|-------------------|
| Basil | <i>Ocimum</i> | Lavender | <i>Lavandula</i> |
| Borage | <i>Borago</i> | Marjoram | <i>Origanum</i> |
| Cosmos | <i>Cosmos</i> | Mexican sunflower | <i>Tithonia</i> |
| Globe thistle | <i>Echinops</i> | Pincushion flower | <i>Scabiosa</i> |
| Hyssop | <i>Hyssopus</i> | Rosemary | <i>Rosmarinus</i> |

For more pollinator conservation information, go to www.xerces.org

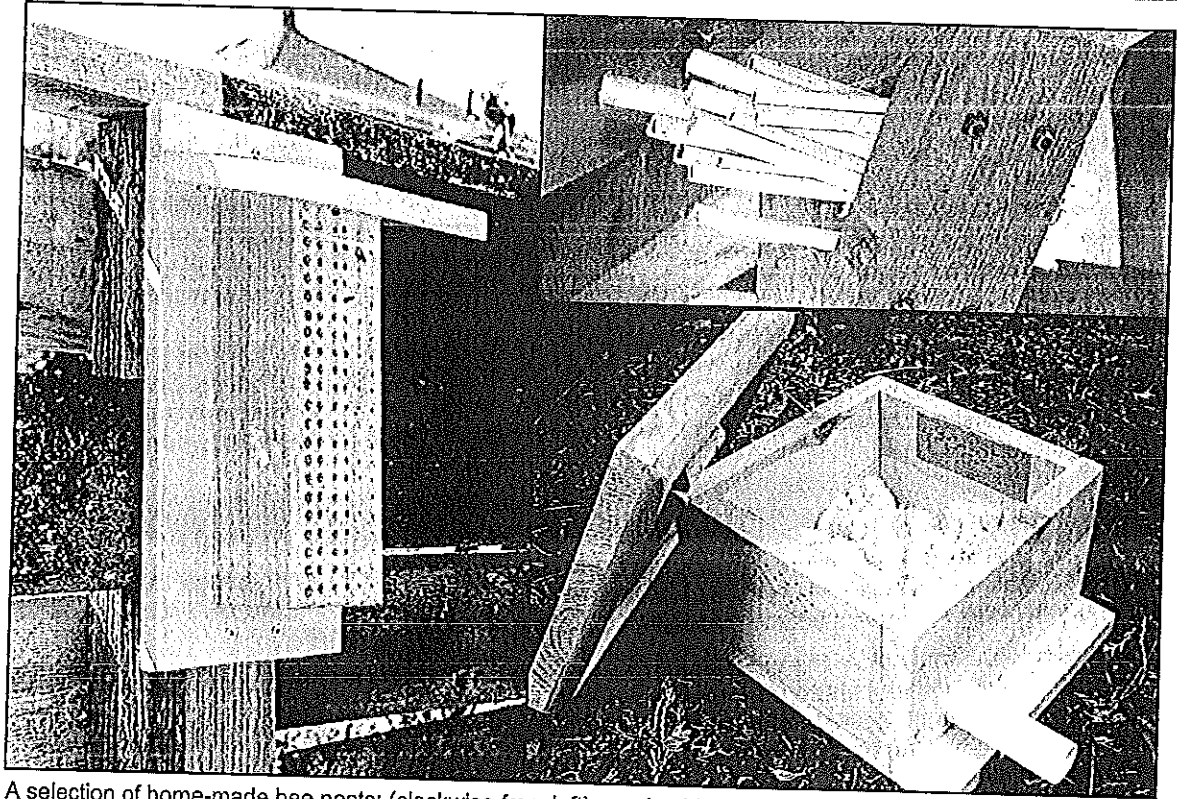
COPYRIGHT INFORMATION: We're happy for you to copy this fact sheet or to use this text elsewhere, so long as you credit the information spread far and wide! Please just credit the Xerces Society. Whenever the text is used in another format, the photograph, however, is copyrighted and may not be used in any way except in this fact sheet. If you are interested in photos of bees, please contact us.

Nests for Native Bees

Pollinators are a vital part of a healthy environment.

Native bees are North America's most important group of pollinators.

Nest sites are simple to make, and can be added to any area of greenspace, large or small.



A selection of home-made bee nests: (clockwise from left) wooden block, bamboo bundle, and bumble bee box.

Pollinators are a diverse and fascinating group of animals. In addition to their beauty, pollinators provide an important link in our environment by moving pollen between flowers and ensuring the growth of seeds and fruits. The work of pollinators touches our lives every day through the food we eat. Even our seasons are marked by their work: the bloom of springtime meadows, summer berry picking, pumpkins in the fall.

There are 4,000 species of native bees in North America. Together they form the most important group of pollinators. Like all wildlife they are affected by changes in our landscapes, especially the loss of nesting sites. Bees make nests in which they create and provision brood cells for their offspring. In many modern landscapes, a desire for neatness has usually resulted in the removal of bare ground, dead trees, and untidy corners of rough grass—all important nesting sites for bees.

This fact sheet gives information on how to provide nest sites for native bees, including nest blocks and bare ground for solitary-nesting bees, and nesting boxes for bumble bees.

For more information, visit our web site, www.xerces.org, where you will find other fact sheets and more detailed guidelines on how to enhance habitat for pollinators. You'll also find information about the *Pollinator Conservation Handbook*.

Written by
Matthew Shapner

The Xerces Society
for Invertebrate
Conservation
1328 SE Hawthorne
Blvd.
Portland, OR 97215
503-232-6339
www.xerces.org

Wood Nesting and Cavity Nesting Bees

About 30 percent of our native bee species make their nests in old beetle tunnels in snags or similar locations. The female bee builds dividing walls across the tunnel to make a line of brood cells. Where you can, retain snags. Where you can't, make some nesting blocks. (Alternatively, many garden centers and back yard bird shops sell them.)

- **Nesting blocks.** Bee blocks can be made by drilling nesting holes between $3/32$ " and $3/8$ " in diameter, at approximate $3/4$ " centers, into the side of a block of preservative-free lumber. The holes should be smooth inside, and closed at one end. The height of the nest is not critical—8" or more is good—but the depth of the holes is. Holes less than $1/4$ " diameter should be 3-4" deep. For holes $1/4$ " or larger, a 5-6" depth is best.
- **Adobe blocks.** In desert areas, adobe blocks can be made and drilled with holes as outlined above.
- **Logs and snags.** Get some logs or old stumps and place them in sunny areas. Those with beetle tunnels are ideal. Plant a few upright, like dead trees, to ensure some deadwood habitat stays dry. On the southeast side of each log, drill a range of holes, as outlined above.
- **Stem or tube bundles.** Some plants, like teasel, bamboo, and reeds, have naturally hollow stems. Cut the stems into 6" to 8" lengths. Be careful to cut the stems close to a stem node to create a tube with one end closed. Fifteen to twenty stem pieces tied into a bundle (with the closed ends of the stems together) makes a fine nest. Or, make a wooden frame to hold as many stems as you like. Paper tubes can be used as well. Just make sure they stay dry.

Location of the nesting sites is important. These nests should be placed where they are sheltered from the worst of the weather, with entrance holes facing towards east or southeast, so they get the morning sun. With stem bundles, be sure that the stems are horizontal. The nests can be any height from the ground, but between three and six feet is convenient. Put them on a building, fence, or stake, or place them in a tree. Fix them firmly so they don't shake in the wind.

Ground Nesting Bees

Most native bees—about 70 percent of species—nest in the ground, and need access to the soil surface to dig their nest. Each female excavates her own nest tunnel and brood cells, and stocks the cells with nectar and pollen. Where possible, keep bare or partially vegetated ground. Where you can, create more.

- **Bare ground.** Simply clear the vegetation from small patches of level or sloping ground and gently compact the soil surface. These patches can be from a few inches to a few feet across, but should be well drained, and in an open, sunny place. A south-facing slope can be a good location. Different ground conditions—from vertical banks to flat ground—will draw different bee species, so create nesting patches in different areas if you can to maximize the nesting opportunities.
- **Sand pits and piles.** In a sunny, well-drained spot, dig a pit about 2' deep, and fill it with a mixture of pale-colored, fine-grained sand and loam. Where soils do not drain well, a pile of the sand/loam mixture can help, or make a raised bed. If space is limited, you can fill planter boxes with the sand/loam mixture.

Bumble Bees

Unlike the nests built for solitary bees there are no strict size requirements for bumble bee nests—any hole large enough for a small colony will be OK. After emerging from hibernation, a bumble bee queen will hunt for a dry, warm cavity in which to start her colony. In natural conditions, most bumble bees nest in abandoned mouse holes in the ground or under grass tussocks. Where you can, keep patches of rough grass. Where you can't, consider building a nest box or two.

- **Nest box.** A simple wooden box, with internal dimensions of about 7" by 7" by 7", made from preservative-free lumber will work. Drill a few ventilation holes near the top (covered with door screen to deter ants) and some drainage holes in the bottom. Make an entrance tunnel from $3/4$ " plastic pipe, marked on the outside with a contrasting color, and fill the box with soft bedding material, such as upholsterer's cotton or short lengths of unraveled, soft string. The box must be weather tight; the larvae may become cold in a damp nest, and mold and fungus will grow.

Place the box in an undisturbed site, in partial or full shade, where there is no risk of flooding. The box should be on or just under the ground. If you bury it, extend the entrance tube so it gently slopes up to the surface. Put your nesting box out when you first notice bumble bees in the spring, or when the first willows and other flowers are blooming, and be patient. There is no guarantee that bees will use your box. Only about one in four boxes get occupied. If it has no inhabitants by late July, put the nesting box into storage until next spring.

For more pollinator conservation information, go to www.xerces.org